

TIAA is here to help you. Schedule a virtual financial counseling session.

Meet with a financial consultant from wherever you are—on your laptop, smartphone, tablet or desktop computer.

You can access virtual counseling by phone or on any device, and get advice and education about your retirement savings, managing debt and your investment strategy. Both are highly secure and private.

Take advantage of advice and education

When you meet virtually with a financial consultant, you'll get answers to these questions:

- Am I saving enough?
- Should I change or rebalance my investment strategy?
- Am I on track to meet my retirement goals?

Advice and education is available as part of your retirement plan at no additional cost. Take advantage and schedule a virtual counseling session today.

Make an appointment



Make your secure connection

If you choose to use a video chat, you'll receive a link. You can then easily log in to your virtual counseling session through any device with:

- An internet connection
- Video camera



On the phone or virtually...

It's easy to meet with a financial consultant.

Schedule a session today.



Advice is obtained using an advice methodology from Morningstar Investment Management, LLC.

Investment, insurance, and annuity products are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

This material is for informational or educational purposes only and does not constitute fiduciary investment advice under ERISA, a securities recommendation under all securities laws, or an insurance product recommendation under state insurance laws or regulations. This material does not take into account any specific objectives or circumstances of any particular investor, or suggest any specific course of action. Investment decisions should be made based on the investor's own objectives and circumstances.

TIAA-CREF Individual & Institutional Services, LLC, Members FINRA, distribute securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. Each is solely responsible for its own financial condition and contractual obligations.

©2022 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, 730 Third Avenue, New York, NY 10017